Signature Assignment

FICTION BOOK RESPONSE

Title: Francesco: Una vida entre el cielo y la tierra

Author: Yohana Garcia

Brief description of the author: (Two – four paragraphs)

metaphysics, teacher in alternative therapies and a Masters in neuro-linguistic programming, works from years ago with patients with phobias. It is enabling to change feelings and negative thoughts into positive.

I think his own style and transformed a spiritual NLP,
she believes that real magic is in oneself, and she, in during her sessions and seminars, is simply a guide showing where each person has their inner treasures
Why did you choose this book? (Type one or more paragraphs)

The reason I chose the book is because of the name of the book: Francesco: una vida entre el cielo y la tierra. In English its Francesco: a life between heaven and earth, which interested me, the curiosity of life and death, if it could be explained in a certain way that we can understand.

REFLECTION: Type your personal reflections on the book in one – three paragraphs.

When Francesco dies, he doesn't realize he is dead until a spiritual guide Ariel (an Angel) tells him and shows that he has lost a battle with an unknown disease that has been affecting him for a long time meanwhile in heaven he watches his family who are around his hospital bed crying. Ariel shows him the aspects of what he done, and explains to him that he didn't know how to live his life, because he was a workaholic, he never spent time with his family, he never learned to say no to anyone, his main priority was to help others and not himself. He learned why he got sick, and learned that his family misses him.

From the heavens Francesco could see which people actually cared for him and the others used him, he found out too late. He learned different to help him change and to become reborn such as loving himself and others, to value the aspects of life, how to say no to others, etc.

On his journey Francesco learns what life is about, life isn't the end its just the beginning of something new and magnificent that is planned for us.

I learned that I have to fight for my happiness and to say no to value life and to live as if it were my final day, my last breath, my final chance, and not to be taken advantage of.